Important Dates

- **Friday, March 12th** = Volunteer Coaches Application & paperwork due
- **Friday, March 12th** = American Red Cross Cert Class: 10:00am-4:30pm
  - Bring a sack lunch & water bottle. $15 for adult/child CPR &/or $15 for First Aid
- **Saturday, March 13th** = Coaches Training; 2:00-6:00pm, 129 Langton Hall, OSU
  - Wear clothes for being active. Snacks will be provided. If you have an extra binder, please bring it to store the coaches information you will be receiving
- **Monday, March 29th** = M & W sessions begin (season 3/29/10-6/5/10)
- **Tuesday, March 30th** = Tu & TH sessions begin (season 3/30/10-6/5/10)
- **Sunday, April 11th** = Coaches Meeting, 4:00-5:00pm, 124 Langton Hall, OSU
- **Sunday, May 16th** = Coaches Meeting, 4:00-5:00pm, 124 Langton Hall, OSU
- **Monday, May 31st** = NO PRACTICE
  - GOTR Mon/Wed practices will combine lessons 17 & 18 on Monday, May 24th
  - GOT Mon/Wed practices will combine lessons 18 & 19 on Wednesday, May 26th
- End of Season GOTR/GOT Celebration:
  - **End of Season GOTR/GOT Celebration:**
    - Coaches must decide the date. Must be done before June, 5th
- **Saturday, June 5th** = New Balance GOTR 5K/1K (Willamette Park, Corvallis)
  - 9:00am = Coaches arrive
  - 9:15am = Running Buddies check-in
  - 9:30am = Girls arrive
  - 10:00am = 5K begins
  - 11:30am = Award Ceremony begins
    - Ceremony will start with each site’s coaches presenting their girls w/ their season’s certificates/race signs
- **Time/Date TBA:** Coaches End of Season Celebration & Debriefing

Remind parents GOTR & GOT will have practices on these Corvallis/Philomath No-School /Half-Days

- **April:** Wed 14th (Corvallis), Thurs 15th (Corvallis, Philomath), Wed 28th (Philomath)