OSU KidSpirit™
Positive youth development programs since 1961

Summer/Fall 2013

Sports • Arts • Science • Cooking

Create a Child’s Best Spring and Summer!

125 Langton Hall OSU
541.737.KIDS (5437)
kidspirit.oregonstate.edu

Register Online! kidspirit.oregonstate.edu
KidSpirit SUMMER and FALL 2013

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KidSpirit GENERAL INFORMATION

Registration
• Online registration for KidSpirit programs is now available! Visit kidspirit.oregonstate.edu.
• Registration is on a first-come, first-serve basis.
• Call us for registration and payment at: 541-737-KIDS (5437).

Payment for Classes
• Pay online! Submit your payment online when you finish your online registration.
• You may also pay in the KidSpirit office, in exact cash (KidSpirit does not keep change), checks, debit, or credit cards (VISA, MasterCard, and Discover) or mail us a check.
• Payment for non-Summer Camp classes is due in full at the time of registration.
• Summer Camp requires full payment for the first registered session and $25 deposits on each additional session. All session balances are due two weeks prior to the beginning of each session.

Cancellations and Refunds
• A $25 administration fee will be charged for all cancellations or class changes. There are NO refunds once classes have begun. KidSpirit will make exceptions in the case of medical or family emergencies with a doctor’s note and/or documentation.
• KidSpirit reserves the right to cancel or combine classes that are below the minimum participant requirement.
• Should cancellation occur, KidSpirit staff will contact the participants’ family about alternative class options. There will be no administration fee if KidSpirit cancels a class or if you are moved off of a waitlist.
• If weather conditions cause the cancellation of a class, KidSpirit will leave information on a recorded message at 541-737-KIDS (5437). Make-up classes will be scheduled if possible.

Scholarships
• Thanks to generous donations we are able to offer scholarships for Summer Camp and Girls on the Run programs. For more information on scholarships, please visit our website.
• To support a child and donate a scholarship visit the Donate section of our website: kidspirit.oregonstate.edu
KidSpirit dedicates to our summer to Geoff “Ash” Tomlinson, who was serving as assistant director of operations when he died unexpectedly from pancreatic bleeding on July 4, 2012. It was less than three weeks before his 26th birthday.

Ash worked for KidSpirit for five years and is remembered as a caring leader, mentor, role model and hero. At 6’4” he was a gentle giant – handsome, kind and easy-going, with a great sense of humor.

He was a real problem-solver and had tremendous patience. We were inspired by his commitment to health, fitness and learning new skills. We miss him terribly.

To honor Geoff’s memory and his dedication to KidSpirit, friends and family have created an endowed scholarship to support participants in the program. You are invited to help build this endowment so the first awards can be made.

**Ways to Give**

**Online** at giving.campaignforosu.org: At the “designations” prompt, select “Other 1” and write “Geoff Tomlinson KidSpirit Scholarship Endowment Fund.”

**Mail:** Address your check to “OSU Foundation” and write “Geoff Tomlinson KidSpirit Scholarship Endowment Fund” in the memo line. Send to:

OSU KidSpirit  
2450 Jefferson Way  
125 Langton Hall  
Corvallis, OR  
97333–4015  
**Phone:** 800–354–7281, Monday through Friday, 8 a.m. to 5 p.m.

“Ash is amazing, he always makes my day. He is so caring and excited to see me and I never feel like I give him as much as he gives me. There is not a time or day that goes by that he does not say hey to me or greet me in some way.”  
— KidSpirit staff member

“Makes You Beautiful” by One Direction was one of Geoff’s favorite songs to listen to on repeat, so the KidSpirit family sang it for him – and danced, as we’re able – in our tribute video. You can find it on YouTube by searching for “Geoff Tomlinson beautiful.”
KidSpirit ACES days are an exciting opportunity to experience a day of camp in the middle of the school year. Students may experience activities such as arts and crafts, gym games, bowling, swimming, gymnastics, and go on campus field trips. Activities vary depending on the availability of facilities. Pre-care, lunch-care and after-care are available upon request.

**ACES Options**

**Fall Term dates: TBA**

Please check our online registration for current ACES schedule, as we update it as the Corvallis School District releases their no-school day schedules.

<table>
<thead>
<tr>
<th>Times</th>
<th>Prices</th>
<th>Extra Services $6/day</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Full-Day:</strong></td>
<td></td>
<td></td>
</tr>
<tr>
<td>8:30 am–4:30 pm</td>
<td>Full-Day: $52</td>
<td>Pre-Care: 7:00–8:30 am</td>
</tr>
<tr>
<td><strong>Half-Day Morning:</strong></td>
<td>Half-Day: $36</td>
<td>Lunch-Care: 12:00–1:00 pm</td>
</tr>
<tr>
<td>8:30 am–12:00 pm</td>
<td></td>
<td>After-Care: 4:30–5:30 pm</td>
</tr>
<tr>
<td><strong>Half-Day Afternoon:</strong></td>
<td></td>
<td></td>
</tr>
<tr>
<td>1:00–4:30 pm</td>
<td></td>
<td></td>
</tr>
<tr>
<td><strong>Afternoons:</strong></td>
<td></td>
<td></td>
</tr>
<tr>
<td>2:00 – 6:00 pm</td>
<td>$41</td>
<td>No extra services for Fridays</td>
</tr>
</tbody>
</table>

- **Class locations:** Drop-off and pick-up at 126 Langton Hall on Jefferson Ave. across from the Memorial Union/OSU Bookstore. For more parking information, please refer to page 20.
- **What to Wear:** Dress in active clothing without buttons and zippers, wear tennis shoes, and be prepared to go outside for activities.
- **What to Bring:** Participants should bring a water bottle and snack. Full-day campers bring a lunch.
- **Viewing Classes:** Visitors are required to get a pass from the KidSpirit office at 125 Langton Hall. Guardians, emergency contacts, and authorized pick-ups with a valid photo I.D. are approved visitors.
- **Picking up a participant:** In order to pick up a participant from our ACES program an adult must be on the authorized pick-up list and have a valid photo ID.
- **Cancellations:** There are no make-up sessions. KidSpirit reserves the right to cancel or combine classes that are below the minimum participant requirement. See page 2 for full respond policy.

ACES dates are based on the Corvallis School District no-school days. Check your school district calendar for specific no-school dates.

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**SPECIAL EVENTS and PARTIES**

KidSpirit will work with you to make your party a success, no matter what the occasion!

- Our KidSpirit parties are 1.5 hours long. For parties lasting more than 1.5 hours, please contact KidSpirit.
- Our instructors will lead your child and guests through an hour-long KidSpirit Party Activity and then assist you for 30 minutes in one of our Party Rooms.
- We decorate the Party Room with balloons, but feel free to bring decorations of your own. Many party-goers bring cake, piñatas, or open gifts during this time, but these are only ideas; feel free to think of your own activities. **You must provide your own food.**
- Our staff is there to make it so you can sit down and enjoy your child’s special day!

**Party Activity**

<table>
<thead>
<tr>
<th>Activity</th>
<th>Activity Fee</th>
<th>Participant Fee</th>
</tr>
</thead>
<tbody>
<tr>
<td>Archery</td>
<td>$56</td>
<td>$72 for 1–10 participants</td>
</tr>
<tr>
<td>Bowling</td>
<td>$82</td>
<td>$8 for each additional child</td>
</tr>
<tr>
<td>Gymnastics</td>
<td>$62</td>
<td></td>
</tr>
<tr>
<td>Gym Games</td>
<td>$41</td>
<td></td>
</tr>
<tr>
<td>Swimming</td>
<td>$67</td>
<td></td>
</tr>
<tr>
<td>Custom</td>
<td>Varies</td>
<td></td>
</tr>
</tbody>
</table>

Please reserve your dates at least three weeks in advance as weekends fill quickly!

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The best part is ... we take care of the mess!

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Boy/Girl Scouts
Bat/Bar Mitzvahs
Birthdays
Sport Teams

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541-737-KIDS (5437) | kidspirit.oregonstate.edu | 125 Langton Hall OSU
Adventures in the Outdoors is an exciting new addition in the KidSpirit programming option. We use real outdoor experiences and activities such as rock climbing, paddle sports, backpacking, and wilderness living techniques to build fundamental life skills in our participants. We focus on skills such as communication, problem solving, personal safety, preparation, planning, and multitasking. However, we also see Adventures in the Outdoors as a way to connect children to exciting and fun outdoor recreation opportunities.

**Programming Information**
- Participants will be given the opportunity to engage in a variety of program options that each work to develop practical skills, while educating about relevant outdoor and adventure experiences.
- Participants will have the opportunity to engage in fun games, problem solving initiatives, experiential scenarios, reflective observations, and applied learning to new situations during their time in the program.
- Activities may involve but are not limited to: Shelter building, Land Navigation, Tool Safety, Wilderness Living Techniques, Rock Climbing, Backpacking, and Hiking.

**Staff**
- All Staff are trained in limiting the potential risk that participants may experience through the variety of outdoor activities. Staff are required to meet industry standards around the delivered programs.

**Program Run time:**
- 3.5 hours a day
- 2 week sessions
- Offered 3 times during the summer (Sessions 1, 4 and 6)
- Age Range: 6 to 18
- Cost: $220/session

We believe Adventures in the Outdoors is a way to connect children to exciting and fun outdoor recreation opportunities while building fundamental life skills. If you have more questions please contact Holly Reeves, reevesho@onid.orst.edu or call the KidSpirit office.

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**ARCHERY**

Archery is a school year program that aims to teach participants the techniques involved in using a bow and arrow. Participants will be instructed by an experienced staff on proper technique and form. To get a better understanding of the roots of Archery, informative history lessons will be taught during the term as well.

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**Arrow Head Level Skills:**
- Proper Archery stance
- How to hold the bow and arrow
- Names of parts of the bow and arrow
- Mechanics of a bow and arrow (*how a bow works, how do arrows fly straight, etc.*)
- History of Archery and types of bows and arrows

<table>
<thead>
<tr>
<th>Arrow Head Level</th>
<th>Grade</th>
<th>Time</th>
<th>Prices</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>K-2nd</td>
<td>10:00 - 10:50 am</td>
<td>$62</td>
</tr>
</tbody>
</table>

**Bow Master Level Skills:**
- Different types of stances
- Mechanics of drawing back on string
- Precision shooting
- Introduction to competitive Archery (scoring, Olympics, etc.)
- Aiming techniques and form

<table>
<thead>
<tr>
<th>Bow Master Level</th>
<th>Grade</th>
<th>Time</th>
<th>Prices</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>3rd - 8th</td>
<td>11:00 - 12:20 am</td>
<td>$92</td>
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</tbody>
</table>

**Location:** Located behind Langton Hall off of Waldo Place in the Golf Cages.

**What to Bring:** All equipment is provided. Dress in layers and bring a raincoat (if needed). Closed toe shoes are required.

**Viewing Classes:** For safety reasons, non-participants will be asked to stay in the designated viewing area, where the instructor specifies.
**RECREATIONAL GYMNASTICS**

*Strength · Balance · Coordination · Flexibility*

The KidSpirit Gymnastics Program has been an integral part of KidSpirit since the program was introduced in the 1960’s. KidSpirit takes pride in their gymnastics classes, instructors, and facility at OSU. Classes are offered to youth as young as 24 months up to 18 years old. KidSpirit offers a variety of classes designed to build confidence in children, improve coordination and teaches children to have FUN while challenging themselves.

<table>
<thead>
<tr>
<th>Summer 2013</th>
<th>Fall 2013</th>
<th>Winter 2014</th>
<th>Spring 2014</th>
</tr>
</thead>
<tbody>
<tr>
<td>Once-a-week: 6/18 - 8/17</td>
<td>Classes start on the Wednesday of the last week in September.</td>
<td>Monday and Friday classes start the second week of January. All other days start the following week.</td>
<td>Monday and Saturday classes will start the first week of April. The other days will start the following week.</td>
</tr>
<tr>
<td>Twice-a-week:</td>
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<tr>
<td>Session 1: 6/18 - 7/19</td>
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<tr>
<td>Session 2: 7/23 - 8/16</td>
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</table>

*Some days start earlier each term than others due to holidays the university observes. Staggered start dates ensure that you are getting all 9 classes despite holidays.

**No KidSpirit classes are held:**

**FALL:** Wednesday through Saturday of Thanksgiving week.

**WINTER:** MLK day and the day of our scheduled exhibition.

**SPRING:** Monday and Saturday of Memorial Day weekend.

**Class Location:** 310 Langton Hall (2nd floor), located on NW Jefferson Way, across from the Memorial Union/OSU Bookstore.

**What to Wear:** Clothing must be free of zippers and buttons, long hair must be pulled back, and feet must be bare.

**When Viewing Classes:** Please keep non-participants off of the equipment and in the designated viewing area. The outer gymnasium is reserved for use by Oregon State University physical activity classes and is not available to KidSpirit families without prior reservation.

**Class Make-up Policy:** To ensure appropriate instructor to student ratio, participants can make-up classes ONLY if their same level offers a class (different time) with open spots. Please call ahead to make arrangements, 541-737-KIDS (5437).

**Open Gymnastics**

**Ages 2 - 18 · 2 hours · Cost: $9**

Participants can enjoy supervised time to practice skills, meet new friends and have fun! Participants must be potty-trained and at least 4 years old for the guardian to leave the facility during Open Gymnastics. Pre-registration is not required, but participants must have a signed release form in the KidSpirit office.

**Note:** There will be no Open Gymnastics during OSU Gymnastics home meets.

**School Year · FRIDAYS 6–8 PM**
**RECREATIONAL GYMNASTICS**

*Strength • Balance • Coordination • Flexibility*

**Pre-School • Ages 2–3 • 35 – 40 Minute Classes • Adult Participation**

The participants develop motor skills and practice social interactions with assistance from their adult participants and instructors.

<table>
<thead>
<tr>
<th>CLASSES</th>
<th>Monday</th>
<th>Tuesday</th>
<th>Wednesday</th>
<th>Thursday</th>
<th>Friday</th>
<th>Saturday</th>
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<tbody>
<tr>
<td><strong>School Year</strong></td>
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<td></td>
</tr>
<tr>
<td>Head over Heels (Age 2)</td>
<td>5:00 - 5:35 PM</td>
<td>1:00 - 1:35 PM</td>
<td>3:25 - 4:00 PM</td>
<td>10:15 - 10:50 AM</td>
<td>11:00 - 11:35 AM</td>
<td>4:00 - 4:35 PM</td>
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<td></td>
<td></td>
<td>11:00 - 11:40 AM</td>
<td>4:15 - 5:00 PM</td>
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<td></td>
<td></td>
<td>11:00 - 11:40 AM</td>
<td>11:00 - 11:40 AM</td>
</tr>
<tr>
<td>Tiny Tots (Age 3)</td>
<td>5:40 - 6:20 PM</td>
<td>12:10 - 12:50 PM</td>
<td>4:10 - 4:50 PM</td>
<td>11:00 - 11:40 AM</td>
<td>10:10 - 10:50 AM</td>
<td>4:15 - 5:00 PM</td>
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<td>11:00 - 11:40 AM</td>
<td>11:00 - 11:40 AM</td>
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<tr>
<td><strong>Summer</strong></td>
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<tr>
<td>Head over Heels (Age 2)</td>
<td>11:10 - 11:45 AM</td>
<td></td>
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<td>10:30 - 11:05 AM</td>
<td>9:25 - 10:00 AM</td>
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<tr>
<td>Tiny Tots (Age 3)</td>
<td>10:20 - 11:00 AM</td>
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</tbody>
</table>

**Kindergym • Ages 4–5 • 50 Minute Classes • Progression Classes**

Participants in these classes will become familiar with all gymnastics apparatus while developing independence. Skills developed in each level include, but are not limited to:

**Kindergym 1:** Hurdles, support holds on bars, balancing on the beam, and forward rolls on the floor.

**Kindergym 2:** Donkey-kicks, front supports on the bars, jumping off the beam, and backward rolls on the floor.

<table>
<thead>
<tr>
<th>CLASSES</th>
<th>Monday</th>
<th>Tuesday</th>
<th>Wednesday</th>
<th>Thursday</th>
<th>Friday</th>
<th>Saturday</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>School Year</strong></td>
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<td></td>
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</tr>
<tr>
<td>Kindergym 1 &amp; 2 • $76</td>
<td>4:00 - 4:50 PM</td>
<td>12:00 - 12:50 PM</td>
<td>3:00 - 3:50 PM</td>
<td>11:00 - 11:50 AM</td>
<td>11:00 - 11:50 AM</td>
<td>10:00 - 10:50 AM</td>
</tr>
<tr>
<td></td>
<td>5:00 - 5:50 PM</td>
<td>4:00 - 4:50 PM</td>
<td></td>
<td>3:00 - 3:50 PM</td>
<td>5:00 - 5:50 PM</td>
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<tr>
<td><strong>Summer</strong></td>
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</tr>
<tr>
<td>Kindergym 1 &amp; 2 • $75</td>
<td>10:30 - 11:20 AM</td>
<td>10:30 - 11:20 AM</td>
<td></td>
<td>10:05 - 10:55 AM</td>
<td>11:00 - 11:50 AM</td>
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</tr>
<tr>
<td>2x/week • $75</td>
<td>9:30 - 10:20 AM</td>
<td>9:30 - 10:20 AM</td>
<td>9:30 - 10:20 AM</td>
<td>9:30 - 10:20 AM</td>
<td></td>
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</tr>
</tbody>
</table>
LEVELS 1 AND 2 • AGES 6-18 • 60-90 MINUTE CLASSES • 1 OR 2 TIMES A WEEK

The skills listed below will be developed during each level. Once mastered, participants move up in levels based upon the recommendations of their KidSpirit Gymnastics Instructor. Skills developed in each level include, but are not limited to:

**Level 1:** Squat- ons on the vault, casts on the bars, levers on the beam, backward rolls, cartwheels, and handstands on the floor.

**Level 2:** Handstand hops, pullovers, tuck jump on the beam, backbend to bridge, bridge kickover, and backwards roll to pike stand on the floor.

---

### School Year

<table>
<thead>
<tr>
<th>Levels 1 &amp; 2 - $86</th>
<th>Monday</th>
<th>Tuesday</th>
<th>Wednesday</th>
<th>Thursday</th>
<th>Friday</th>
<th>Saturday</th>
</tr>
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<tbody>
<tr>
<td></td>
<td>4:00 - 5:00 PM</td>
<td>5:00 - 6:00 PM</td>
<td>5:00 - 6:00 PM</td>
<td>4:00 - 5:00 PM</td>
<td>5:00 - 6:00 PM</td>
<td>9:00 - 10:00 AM</td>
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<tr>
<td></td>
<td>6:00 - 7:00 PM</td>
<td></td>
<td>5:00 - 6:00 PM</td>
<td>5:00 - 6:00 PM</td>
<td></td>
<td>10:00 - 11:00 AM</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th></th>
<th></th>
<th></th>
<th></th>
<th></th>
</tr>
</thead>
<tbody>
<tr>
<td>Levels 1 &amp; 2 - $84</td>
<td>9:30 - 10:30 AM</td>
<td>9:30 - 10:30 AM</td>
<td>9:30 - 10:30 AM</td>
<td>9:30 - 10:30 AM</td>
</tr>
</tbody>
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### Summer

<table>
<thead>
<tr>
<th></th>
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<th></th>
<th></th>
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</thead>
<tbody>
<tr>
<td>1x/week - $84</td>
<td>10:40 - 11:40 AM</td>
<td>10:50 - 11:50 AM</td>
<td>10:40 - 11:40 AM</td>
<td>9:30 - 10:30 AM</td>
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<table>
<thead>
<tr>
<th>Summer</th>
<th>Mon. + Wed.</th>
<th>Tues.+ Thurs.</th>
</tr>
</thead>
<tbody>
<tr>
<td>Levels 1 &amp; 2 - $84</td>
<td>10:40 - 11:40 AM</td>
<td>10:50 - 11:50 AM</td>
</tr>
</tbody>
</table>

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### Levels 3 and 4 • Ages 6-18 • 60-90 Minute Classes • 1 or 2 times a week

The skills listed below will be developed during each level. Once mastered, participants move up in levels based upon the recommendations of their KidSpirit Gymnastics Instructor.

Skills developed in levels 3 and 4 include, but are not limited to:

**Level 3:** Dive forward roll to mat, glides on bars, cartwheel on the low beam, roundoff rebound, and back walkovers on the floor.

**Level 4:** Hurdle to front handspring on the vault, glide kip, cartwheel and roundoff dismount on beam, front walkover, and back handsprings.

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### School Year

<table>
<thead>
<tr>
<th>Levels 3 - $99</th>
<th>Tuesday</th>
<th>Wednesday</th>
<th>Thursday</th>
</tr>
</thead>
<tbody>
<tr>
<td>Level 3</td>
<td>4:20 - 5:50 PM</td>
<td>4:30 - 6:00 PM</td>
<td>3:30 - 5:00 PM</td>
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<tr>
<td>Level 4</td>
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<td>4:30 - 6:00 PM</td>
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</table>

<table>
<thead>
<tr>
<th>Boys Gymnastics - $86</th>
<th>Tuesday</th>
<th>Wednesday</th>
<th>Thursday</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>6:00 - 7:00 PM</td>
<td></td>
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<table>
<thead>
<tr>
<th>Summer</th>
<th>Tuesday</th>
<th>Wednesday</th>
<th>Thursday</th>
</tr>
</thead>
<tbody>
<tr>
<td>Levels 3 &amp; 4 - $97</td>
<td>Tues.+ Thurs.</td>
<td>Tues.+ Thurs.</td>
<td>10:30 AM-12:00 PM</td>
</tr>
<tr>
<td>2x/week - $97</td>
<td>9:20 - 10:50 AM</td>
<td>9:20 - 10:50 AM</td>
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</tr>
</tbody>
</table>
COMPETITIVE GYMNASTICS

The mission is to provide a competitive gymnastics program for girls that is focused on providing a balanced lifestyle and fostering a healthy relationship between coaches and athletes and between teammates. We believe that top gymnasts can be successful while having fun in a safe and supportive environment. If you are interested in the competitive gymnastics program, please check our website and/or call for up-to-date details.

The competitive team calendar is determined by the coordinator of the program and is communicated to team families. The team practices year-round.

<table>
<thead>
<tr>
<th>LEVELS</th>
<th>Recommended Hours per Week</th>
<th>Price/Month</th>
<th>Try-Out Information</th>
</tr>
</thead>
<tbody>
<tr>
<td>3/4</td>
<td>9</td>
<td>$255.50</td>
<td>Try-outs are required for entry into the competitive program. To schedule a try-out, contact the KidSpirit office 541-737-KIDS (5437) or email us at <a href="mailto:kidspirit@oregonstate.edu">kidspirit@oregonstate.edu</a>.</td>
</tr>
<tr>
<td>5</td>
<td>12</td>
<td>$300.50</td>
<td></td>
</tr>
<tr>
<td>6, 7 &amp; 8</td>
<td>16</td>
<td>$325.50</td>
<td></td>
</tr>
</tbody>
</table>

Tuition

Tuition fees are paid monthly. Tuition does not include meet fees, uniform or annual USA Gymnastics athlete membership fee.

OSU Gymnastics Camp

Team members are encouraged to attend the OSU Gymnastics Camp. (KidSpirit team practices will not be held these dates)

Thank You, The Reynolds Law Firm, PC for support given to the OSU Competitive Girls Gymnastics Program.

Photos by Jim Carroll Photography
Summer Day Camp
June 17 - August 30

Junior Beavers Gr. K-2

Dam Builders Grades 3-5

Duck Busters Grades 6-8

Teen Mentorship Grades 9-12

Camp Prices

One and Two Week Sessions
Choose between one and two week options for each session of camp, then select full-day (8:30 am - 4:30 pm) or half-day (mornings or afternoons).

Two Week - full-day = $362, half-day = $206
One Week - full-day = $194, half-day = $112

Session 2 is a short week
July 1 - July 5 (no classes July 4)
full-day = $168, half-day = $92

Note: There will be no camp on Thursday July 4

Discounts

OSU Affiliate Discount: Current staff, faculty, and students with a valid OSU ID card saves an additional:
- $12 per two-week, full-day session
- $6 per one-week, full-day session.

Pre-Paid Discount: Registrations for multiple sessions that are paid in full will receive an additional $10 discount.

Additional fees may apply, see specific age group and schedule for more pricing details.

Full-Day Savings!
$49 for 2 weeks • $30 for 1 week
(savings already included in listed price)

Register Online!
kidspirit.oregonstate.edu
**SUMMER LOGISTICS**

**Check-in**
 Morning session arrive by 8:20 AM  
Afternoon session arrive by 12:50 PM  
- Campers pick-up name tags at tables arranged by last name  
- Staff escort campers to their groups  
**Late Arrivals:** go to the KidSpirit office in 125 Langton Hall, where campers will be escorted to their class.

**Check-Out**
 Morning 12:00 PM  •  Afternoon 4:30 PM  
**Parent/Guardian Check-out**  
- Meet your child at tables arranged alphabetically by last name.  
- Anyone picking up a child must be on the child’s authorized pick-up/visitor list.  
- Photo ID is required for all pick-ups.

**Self Check-out**  
- Campers must be 10 years or older to self check-out.  
- Self check-out campers will sign themselves out of camp at a designated table in the Memorial Union walkway.  
- Once signed out, KidSpirit is released of all responsibility for the camper.

**Early Check-out**  
KidSpirit needs at least 20 minutes advance notice in order to have your child waiting for you in the KidSpirit office.

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**Pre-Care** (7:00 - 8:30 AM)  
Pre-care is $15 per week and drop-in pre-care is $6 per day. Pre-care is located in Langton 126, directly across from the KidSpirit office.

**After-Care** (4:30 - 5:30 PM)  
After-care is $15 per week and drop-in after-care is $6 per day. Check out for after-care is held in the Memorial Union Quad. In cases of extreme heat or rain, after-care will be moved upstairs to the Langton Gym. Signs will be posted for your convenience.

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**Camp Schedule**

<table>
<thead>
<tr>
<th>Time</th>
<th>Description</th>
</tr>
</thead>
</table>
| 7:00 - 8:30 AM | **Pre-Care**  
  Morning Session • 8:30 AM - 12:00 PM |
| Check in   | 8:20 AM                                           |
| First Camp Activity | 8:30 - 9:30 AM                        |
| Snack Time | 9:30 - 10:00 AM                                   |
| Second Camp Activity | 10:00 - 11:00 AM                        |
| Third Camp Activity | 11:00 AM - 12:00 PM                       |
| Lunch      | 12:00 - 1:00 PM                                   |
| Check in   | 12:50 PM                                          |
| First Camp Activity | 1:00 - 2:00 PM                        |
| Second Camp Activity | 2:00 - 3:00 PM                        |
| Snack Time | 3:00 - 3:30 PM                                    |
| Third Camp Activity | 3:30 - 4:30 PM                        |
| After-Care | 4:30 - 5:30 PM                                    |

---

**Lunch** (12:00 - 1:00 PM)  
**Full-Day Campers**  
Lunch supervision and activities are provided for all full-day campers. Each camper may choose to eat a free lunch, compliments of the Corvallis School District, or bring their own. Campers eat with their morning group before transitioning to their afternoon group after lunch. We encourage family and friends who are on the child’s authorized check-out/visitor list to join us for lunch. Remember to bring you ID and check in with the lunch supervisor.  

**Half-Day Campers**  
Lunch-care for half-day campers is $15 per week and drop-in fee of $6 per day. Campers with lunch-care may choose to eat a free lunch, compliments of the Corvallis School District, or bring their own. For **AM half-day campers**, lunch-care check-out is at 1:00 pm. For **PM half-day campers** with lunch-care, check-in is at the lunch supervisor table starting at 12:00 pm. A lunch is not guaranteed if campers arrive after 12:15 pm.  

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**FREE Lunch by Corvallis School District**  
Corvallis School District will provide a FREE, nutritious meal to anyone 18 years and younger. Anyone over 18 can purchase a lunch for $3. Each lunch includes a milk, main entée, fruits and vegetables. Accommodations can be made for allergies with advance notice and documentation.
SKIES

Spirited Kids In Engineering and Science

Two hours of science and one hour of sport skills (fee is $50)

SKIES classes involve helping children realize the mechanisms of everyday life and how science provides them with an exciting and fun world to live in. We will explore the many different worlds of science, and campers will discover why science is important and how it helps us every day.

SUMMER PARTNER PROGRAMS

Two-Week Sessions (except Session 2)

Session 1: Matter Matters – Materials that Make the World a FUN Place to be
Session 2 (1 wk, +$25 fee): Daily Life Ramblings Through Science and Engineering
Session 3: Nutrition and Food Chemistry – Science and Engineering in the Home
Session 4: The World Around Us – Earth, Wind, Fire, and Water
Session 5: Ecology and Sustainable Living
Session 6: Environmental Science and Engineering – Global Issues

MORNING • 8:30 AM – 12:00 PM
Junior Beavers, Grades 1 & 2

AFTERNOON • 1:00 – 4:30 PM
Dam Builders, Grades 3, 4 & 5

For more information regarding Session programs, call 541-737-8139 or visit their website:
academy.engr.oregonstate.edu

For a fee, KidSpirit staff will transition between programs.

SUMMER PARTNER PROGRAMS

EXPERIENCES

EXPERIENCES

July 8 - 19
KidSpirit Staff will pick up campers from Expeditions (a Precollege program for 3rd – 4th graders) and transport them to KidSpirit in time for lunch! There will be a $55 transportation fee (payable to Expeditions) and a $30 lunch-care fee (payable to KidSpirit) for the two week session.

For more information regarding Expedition programs contact Precollege Programs for TAG Youth at 541-737-2670 or visit their website:
oregonstate.edu/precollege/expeditions

For a fee, KidSpirit staff will transition between programs.

STEM Academy

July 15 - August 16
KidSpirit staff will drop off campers at or pick up campers from STEM Academy (a precollege program for 2nd through 12th graders) and transport them to and from KidSpirit! There will be a $15 transition and lunch-care fee per week-long session, payable to KidSpirit.

For more information regarding STEM Academy programs, call 541-737-8139 or visit their website:
academy.engr.oregonstate.edu

Musicafé ROCK SCHOOL

KidSpirit staff will pick up campers from the Musicafé Rock School and get them back to camp in time for afternoon classes. There will be a $10 transportation fee as well as a $15 lunch-care fee for each week session, payable to KidSpirit. For more information regarding Musicafé Rock School programs, call 541-738-7625 or visit their website: www.rockschoolstar.com
OSU COOKING WITH KIDS
Cooking • Physical Activity • Nutrition

KidSpirit Cooking
Through demonstrations and personalized instruction from our culinary staff, students will learn different cooking techniques and healthy substitutions. Subjects such as kitchen safety and clean-up are emphasized. In addition to cooking skills, the chefs will examine nutritional value, portion size, and table presentation. This course is taught in the mornings and ends at 1:00 pm.

Chefs in Motion • Grades 3–5 and 6–8
Chefs in Motion is an overall wellness program which combines cooking, nutrition, and exercise. Participants will receive hands-on cooking experience in conjunction with non-competitive physical activity.

Future Iron Chefs • Grades 3–5 and 6–8
Our Future Iron Chefs will learn the basics of food preparation, presentation, and nutrition in a hands-on cooking environment. Chefs will prepare healthy meals daily, including snacks and desserts.

Junior Chefs • Grades K–2
In this 1 hr. cooking class Jr. Chefs will:
• Develop basic culinary skills
• Receive recipes for the foods they create
• Learn basic table etiquette
Jr. Chefs will participate in a 1K event during the last day of their classes’ session.

For recipes, cooking tips and more, visit our blog at OSUcooking.org

Teen Mentorship
The Teen Mentorship Program provides teens in grades 8–12, with experiences and opportunities to be creatively challenged and to enrich personal, professional, and social development.

Teen Leader
• The Teen Leader program is the first level of KidSpirit’s Teen Mentorship Program. Teen Leaders focus on the development of leadership skills and community service.
• *There are no prerequisites or skills required for the Teen Leader Program.

How to Register (For Teen Leaders)
• Register Online! Visit our website at kidspirit.oregonstate.edu
• Call the KidSpirit office at 541-737-5437.
• Come into the office at 2450 Jefferson Way, Langton Hall, Room #125, Corvallis, OR 97331.

Two-Week Session Prices:
(no one week option)
Full Day: $362  8:30 – 4:30 PM
Half Day: $206  8:30-12:00 or 1:00 – 4:30 PM
JUNIOR BEAVERS (Grades K-2)

Visit our website at kidspirit.oregonstate.edu for more class descriptions

Art

**Applied Arts** – Learn the basics of various art mediums and discover your inner artist. (Yarn Art, Jr. Designers, World Art, Paper Art, Urban Art, Origami, Canvas Creations, Paper Crafters, Jr. Crafters)

**Drama** – Develop your performance skills and creative expression in theme drama classes. (Fairytale Drama, Mystery Drama, Musical Drama, Puppet Show, Improv Drama)

**Music & Dance** – Find the beat and discover rhythms in music. Learn basic dance moves, even make-up and perform a routine! (Jr. Dancers, Music and Dance)

**Jr. Storytellers** – Take a journey through the world of fiction and learn methods of storytelling. Use your imagination and create an original tale.

Junior Beaver Campers

- As of Fall 2013, grades K-2
- Camper to Staff ratio = 10:1
- Minimum class size = 10 campers

Sports & Games

**Court Sports** – Step onto the court to play Basketball, Volleyball, 4-Square, King Pin and Indoor Soccer.

**Disc Sports** – Grab a disc and work on your throw while playing Ultimate Disc, Disc Golf and Relays.

**Build Sports Skills** – Improve your sports skills through practicing the basics of Basketball, Baseball, Soccer, Lacrosse and Kickball.

**In the Yard** – Discover games you can enjoy at home or at the park when we play Bocce Ball, Kick the Can, Capture the Flag and Relays.

**Jr. Olympians** – Be a part of one of the world’s oldest sporting traditions. Participate in a variety of events such as Basketball, Track & Field, Soccer and other Olympic games.

**On the Diamond** – Have fun on the diamond while rounding the bases in T-ball, Kickball, and Cricket.

**On the Green** – Step onto the green to show your skills at Disc Golf, Mini Golf, Yolf, Croquet and more.

**Over the Net** – We’ll put up the nets and stay active while playing Volleyball, Badminton, Tennis and Paddle Ball.

**Run for Fun** – Have fun and play games to improve your running skills while preparing to walk/run a 1K. (In Motion, On the Move, Your Pace)

**Scorin’ Goals** – Take a shot on the goal and work on your skills in Soccer, Team Handball, Hockey and more.

**Takin’ the Field** – Head out to the fields to learn the basics of Lacrosse, Ultimate Disc, Flag Football, Soccer and Field Hockey.

Education & Wellness

**Education** – Discover the world around you through themed science, history and language classes. (Discover Science, Wild West, Brain Busters, Planet Power, Discover Language, World Culture, and Discover Computers)

**Body & Mind** – Have fun while learning about the importance of an active lifestyle and balanced nutrition.

**Challenge Games** – Play games and participate in activities to develop fundamental leadership skills.

**Jr. Safety Heroes** – Practice important, safety skills and learn how you can help in an emergency.

**Jr. Chefs** – Develop culinary skills, prepare healthy foods, and learn basic table etiquette.

**Fun Science** – Explore the amazing world of science! Kids will be exposed to different scientific ideas and fun science experiments!
## JUNIOR BEAVERS

Extra fees may apply

<table>
<thead>
<tr>
<th>DATES</th>
<th>MORNING Classes</th>
<th>AFTERNOON Classes</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>SESSION 1</strong></td>
<td><strong>2 Week Option</strong>&lt;br&gt;6/17 - 6/28</td>
<td><strong>1 Week Option</strong>&lt;br&gt;6/17 - 6/21 or 6/24 - 6/28</td>
</tr>
<tr>
<td><strong>DATE</strong></td>
<td><strong>ACTIVITY</strong></td>
<td><strong>ACTIVITY</strong></td>
</tr>
<tr>
<td><strong>DATE</strong></td>
<td><strong>ACTIVITY</strong></td>
<td><strong>DATE</strong>&lt;br&gt;A. Archery, Swim Lessons, Jr. Crafters</td>
</tr>
<tr>
<td><strong>SESSION 2</strong></td>
<td><strong>1 Week Option</strong>&lt;br&gt;6/17 - 6/21 or 6/24 - 6/28</td>
<td><strong>ACTIVITY</strong></td>
</tr>
<tr>
<td><strong>DATE</strong></td>
<td><strong>ACTIVITY</strong></td>
<td><strong>DATE</strong>&lt;br&gt;A. Gymnastics, Net Games, Fun Science</td>
</tr>
<tr>
<td><strong>SESSION 3</strong></td>
<td><strong>2 Week Option</strong>&lt;br&gt;6/17 - 6/28</td>
<td><strong>1 Week Option</strong>&lt;br&gt;6/17 - 6/21 or 6/24 - 6/28</td>
</tr>
<tr>
<td><strong>DATE</strong></td>
<td><strong>ACTIVITY</strong></td>
<td><strong>ACTIVITY</strong></td>
</tr>
<tr>
<td><strong>DATE</strong></td>
<td><strong>ACTIVITY</strong></td>
<td><strong>DATE</strong>&lt;br&gt;A. Improv Drama, Gymnastics, Scorin’ Goals</td>
</tr>
<tr>
<td><strong>SESSION 4</strong></td>
<td><strong>1 Week Option</strong>&lt;br&gt;6/17 - 6/21 or 6/24 - 6/28</td>
<td><strong>ACTIVITY</strong></td>
</tr>
<tr>
<td><strong>SESSION 5</strong></td>
<td><strong>2 Week Option</strong>&lt;br&gt;6/17 - 6/28</td>
<td><strong>1 Week Option</strong>&lt;br&gt;6/17 - 6/21 or 6/24 - 6/28</td>
</tr>
<tr>
<td><strong>DATE</strong></td>
<td><strong>ACTIVITY</strong></td>
<td><strong>ACTIVITY</strong></td>
</tr>
<tr>
<td><strong>DATE</strong></td>
<td><strong>ACTIVITY</strong></td>
<td><strong>DATE</strong>&lt;br&gt;A. Challenge Games, Musical Drama, Planet Power</td>
</tr>
<tr>
<td><strong>SESSION 6</strong></td>
<td><strong>1 Week Option</strong>&lt;br&gt;6/17 - 6/21 or 6/24 - 6/28</td>
<td><strong>ACTIVITY</strong></td>
</tr>
<tr>
<td><strong>SESSION 7</strong></td>
<td><strong>2 Week Option</strong>&lt;br&gt;6/17 - 6/28</td>
<td><strong>1 Week Option</strong>&lt;br&gt;6/17 - 6/21 or 6/24 - 6/28</td>
</tr>
<tr>
<td><strong>DATE</strong></td>
<td><strong>ACTIVITY</strong></td>
<td><strong>ACTIVITY</strong></td>
</tr>
<tr>
<td><strong>DATE</strong></td>
<td><strong>ACTIVITY</strong></td>
<td><strong>DATE</strong>&lt;br&gt;A. Paper Art, Wild West, Archery</td>
</tr>
<tr>
<td><strong>SESSION 8</strong></td>
<td><strong>1 Week Option</strong>&lt;br&gt;6/17 - 6/21 or 6/24 - 6/28</td>
<td><strong>ACTIVITY</strong></td>
</tr>
<tr>
<td><strong>DATE</strong></td>
<td><strong>ACTIVITY</strong></td>
<td><strong>DATE</strong>&lt;br&gt;A. Gymnastics, Net Games, Fun Science</td>
</tr>
</tbody>
</table>

### How to Register

1. Choose which session, one week or two week and if you are attending full-day or half-day.
2. Choose a group of classes; A, B or C for mornings and/or 1, 2 or 3 for afternoons.
3. Register online at kidspirit.oregonstate.edu, in person, by mail, fax or phone.

### Two-Week Prices

- **Full-day** = $362 · **Half-day** = $206
- **One-Week Prices**
  - **Full-day** = $194 · **Half-day** = $112
  - **Session 2 ONLY**
    - **Full-day** = $168 · **Half-day** = $92

### Full-Day Savings!

- $49 for 2 weeks · $30 for 1 week
  (savings already included in listed price)
DAM BUILDERS (Grades 3-5)

Visit our website at kidspirit.oregonstate.edu for more class descriptions

Art

**Applied Arts** – Learn the fundamentals of various art mediums and discover you artist within. (Yarn Art, Craft Masters, Canvas Creations, Put it on Paper, Urban Art, Paper Art, Origami, Charcoal Drama, and Comic Art)

**Drama** – Develop your performance skills and creative expression in theme drama classes. (Mystery Drama, Sneak Peeks, and Improv Drama)

**Music & Dance** – Find the beat, learn new dance moves and perform a routine! (You Can Dance, Movin’ and Groovin’, and In the Studio)

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**Body & Mind**

- Have fun while learning about the importance of an active lifestyle and balanced nutrition.

---

**Education & Wellness**

**Chefs in Motion** – Develop culinary skills, prepare healthy foods and learn the fundamentals of table etiquette while training to walk/run a 5k. (-$50 fee)

**Discovery** – Explore the world around you through themed science, history and language classes. (Web Design, Back to the West, Brain Busters, Explore Inventions, World Culture, and Explore Technology)

**Future Iron Chefs** – Step in the kitchen and learn essential cooking skills to prepare healthy and creative meals. (-$50 fee)

**Safety Superheroes** – Practice important safety skills and learn what you can do in an emergency.

**It’s Your Planet** – Learn more about the planet and the responsibility we all share to protect the environment we live in. Participate in activities focused on energy conservation, recycling, and environmental responsibility.

**Built to Fly** – Soar to new heights with activities and lessons based on exploring the nature of flight. Take part in learning the science behind flying and participate in building your own flying creations.

**Dam Builder Campers**
- As of Fall 2013, grades 3, 4, 5
- Camper to Staff ratio = 10:1
- Minimum class size = 10 campers

---

**Sports & Games**

**Biking with KidSpirit** – Practice bike maintenance and explore the unique character of Corvallis on your bike. Bike and helmet required. (Bike Corvallis, Bike & Hike)

**Disc Sports** – Grab a disc and work on your throw while playing Ultimate Disc, Disc Golf and Relays.

**KidSpirit Olympians** – Be a part of one of the world’s oldest sporting traditions. Participate in a variety of events such as Basketball, Track & Field, Soccer and other Olympic games.

**On the Court** – Step onto the court to play Basketball, Volleyball, 4-Square, King Pin and Indoor Soccer. (Explore the Court, Court Sports)

**On the Green** – Step onto the green to show your skills at Disc Golf, Mini Golf, Yolf, Croquet and more.

**Pace It** – Find your pace and increase your heart health while enjoying Yoga, Pilates, Martial Arts, Running and Jump Roping.

**Practice Sport Skills** – Improve your sports skills through practicing the basics of Basketball, Baseball, Soccer, Lacrosse and Kickball.

**Takin’ the Field** – Head out to the fields to learn the basics of Lacrosse, Ultimate Disc, Flag Football, Soccer and Field Hockey.
## DAM BUILDERS

Extra fees may apply

<table>
<thead>
<tr>
<th>SESSION 1</th>
<th>DATES</th>
<th>MORNING Classes · 8:30 AM - 12:00 PM</th>
<th>AFTERNOON Classes · 1:00 - 4:30 PM</th>
</tr>
</thead>
<tbody>
<tr>
<td>2 Week Option</td>
<td>6/17 - 6/28</td>
<td>A. Round the Bases, Archery, Craft Masters</td>
<td>1. Built to Fly, Gym Games, Gymnastics</td>
</tr>
<tr>
<td></td>
<td></td>
<td>B. Flag Football, Comic Art, Swim Lessons</td>
<td>2. Basketball, Rock Climbing (+$50 fee), Web Design</td>
</tr>
<tr>
<td></td>
<td></td>
<td>C. Built to Fly, Pottery (+$50 fee)</td>
<td>3. SKIES: Matter Matters (+$50 fee), Soccer, Matter Matters</td>
</tr>
<tr>
<td>1 Week Option</td>
<td>6/17 - 6/21 or 6/24 - 6/28</td>
<td>A. Comic Art, Soccer, Built to Fly</td>
<td>1. Round the Bases, Swim Lessons, Archery</td>
</tr>
</tbody>
</table>

### SESSION 2

| 1 Week Option | 7/1 - 7/5 | A. Archery, Basketball, Origami | 1. Movin’ and Groovin’, Scorin’ Goals, Disc Games |
|               |         | B. Gymnastics, Improv Drama, On the Court | 2. In the Studio, Archery, Olympic Sports |
|               |         | C. Challenge Games, Movin’ and Groovin’, Built to Fly | 3. SKIES: Rambling Through Science (+$25 fee), On the Court, Rambling Through Science |

No camp Thursday, July 4

<table>
<thead>
<tr>
<th>SESSION 3</th>
<th>DATES</th>
<th>MORNING Classes · 8:30 AM - 12:00 PM</th>
<th>AFTERNOON Classes · 1:00 - 4:30 PM</th>
</tr>
</thead>
<tbody>
<tr>
<td>2 Week Option</td>
<td>7/8 - 7/19</td>
<td>A. Round the Bases, Sneak Peaks, Scorin’ Goals</td>
<td>1. Safety Superheroes, Swim Lessons, On the Court</td>
</tr>
<tr>
<td></td>
<td></td>
<td>B. On the Court, Bowling and Billiards (+$50 fee), Paper Art</td>
<td>2. Archery, Round the Bases, Back to the West</td>
</tr>
<tr>
<td></td>
<td></td>
<td>C. Gymnastics, Archery, Urban Art</td>
<td>3. SKIES: Food Chemistry (+$50 fee), Takin’ the Field, Food Chemistry</td>
</tr>
<tr>
<td>1 Week Option</td>
<td>7/8 - 7/12 or 7/15 - 7/19</td>
<td>A. Scorin’ Goals, Safety Superheroes, Sneak Peaks</td>
<td>1. Gymnastics, On the Court, Urban Arts</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>SESSION 4</th>
<th>DATES</th>
<th>MORNING Classes · 8:30 AM - 12:00 PM</th>
<th>AFTERNOON Classes · 1:00 - 4:30 PM</th>
</tr>
</thead>
<tbody>
<tr>
<td>2 Week Option</td>
<td>7/22 - 8/2</td>
<td>A. Put it on Paper, Martial Arts, Swim Lessons</td>
<td>1. Archery, Challenge Games, In the Studio</td>
</tr>
<tr>
<td></td>
<td></td>
<td>B. Over the Net, Challenge Games, In the Studio</td>
<td>2. Canvas Creations, Rock Climbing (+$50 fee), Brain Busters</td>
</tr>
<tr>
<td></td>
<td></td>
<td>C. Future Iron Chefs (+$50 fee–Ends at 1:00 PM)</td>
<td>3. SKIES: The World Around Us (+$50 fee), Round the Bases, The World Around Us</td>
</tr>
<tr>
<td>1 Week Option</td>
<td>7/22 - 7/26 or 7/29 - 8/2</td>
<td>A. It’s Your Planet, Archery, Over the Net</td>
<td>1. Martial Arts, Gymnastics, Swim Lessons</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>SESSION 5</th>
<th>DATES</th>
<th>MORNING Classes · 8:30 AM - 12:00 PM</th>
<th>AFTERNOON Classes · 1:00 - 4:30 PM</th>
</tr>
</thead>
<tbody>
<tr>
<td>2 Week Option</td>
<td>8/5 - 8/16</td>
<td>A. Over the Net, Lacrosse, Craft Masters</td>
<td>1. Explore Inventions, Gymnastics, Swim Lessons</td>
</tr>
<tr>
<td></td>
<td></td>
<td>B. Explore Inventions, Scorin’ Goals, Swim Lessons</td>
<td>2. Body and Mind, You Can Dance, Archery</td>
</tr>
<tr>
<td></td>
<td></td>
<td>C. Chefs in Motion (+$50 fee–Ends at 1:00 PM)</td>
<td>3. SKIES: Ecology (+$50 fee), Around the Bases, Ecology</td>
</tr>
<tr>
<td>1 Week Option</td>
<td>8/5 - 8/9 or 8/12 - 8/16</td>
<td>A. Gymnastics, You Can Dance, Over the Net</td>
<td>1. Scorin’ Goals, Swim Lessons, Craft Masters</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>SESSION 6</th>
<th>DATES</th>
<th>MORNING Classes · 8:30 AM - 12:00 PM</th>
<th>AFTERNOON Classes · 1:00 - 4:30 PM</th>
</tr>
</thead>
<tbody>
<tr>
<td>2 Week Option</td>
<td>8/19 - 8/30</td>
<td>A. On the Green, Swim Lessons, Mystery Drama</td>
<td>1. Disc Games, Gymnastics, World Culture</td>
</tr>
<tr>
<td></td>
<td></td>
<td>B. Archery, Takin’ the Field, World Culture</td>
<td>2. Yarn Art, Rock Climbing (+$50 fee), Yard Games</td>
</tr>
<tr>
<td></td>
<td></td>
<td>C. Future Iron Chefs (+$50 fee–Ends at 1:00 PM)</td>
<td>3. SKIES: Environmental Science (+$50 fee), On the Green, Environmental Science</td>
</tr>
<tr>
<td>1 Week Option</td>
<td>8/19 - 8/23 or 8/26 - 8/30</td>
<td>A. Explore Technology, Yard Games, Swim Lessons</td>
<td>1. Archery, World Culture, Yarn Art</td>
</tr>
</tbody>
</table>

### How to Register
1. Choose which session, one week or two week and if you are attending full-day or half-day.
2. Choose a group of classes; A, B or C for mornings and/or 1, 2 or 3 for afternoons.
3. Register online at kidspirit.oregonstate.edu, in person, by mail, fax or phone.

### Two-Week Prices
- Full-day = $362  •  Half-day = $206
- One-Week Prices
  - Full-day = $194  •  Half-day = $112
  - Session 2 ONLY
    - Full-day = $168  •  Half-day = $92

### Full-Day Savings!
$49 for 2 weeks  •  $30 for 1 week (savings already included in listed price)
DUCK BUSTERS (Grades 6-8)

Visit our website at kidspirit.oregonstate.edu for more class descriptions

Art
Crafting – Learn the fundamentals of crafting while discovering your inner artist passions.

Mystery Drama – If you like Sherlock Holmes, this is the class for you! Develop your performance skills and creative expression, while focusing on a more mysterious side of acting.

Textile & Fiber Art – Ever wanted to make your own quilt or bag? Explore the world of fabrics and have fun creating your own projects.

Photography & Digital Scrapbooks – Discover the world of digital scrapbooking. Bring in your own pictures or take some in class. Finished books will be mailed or sent home with campers after they have been professionally printed.

Dance Squad – Explore dance genres, Learn choreography and perform a routine!

On Broadway – Have you ever wanted to feel the heat of the lights while performing on stage? This is the place for you to develop your acting skills and put them to the test in a safe and welcoming environment.

Canvas Creation – Express your inner artist on the canvas while using different mediums such as watercolors, painting, and pastels.

Improv Drama – Develop your performance skills and creative expression while learning how to act on the spot with little lead instruction!

You Can Dance – Dance is a fun and social way to be active! Find the beat in different genres of music and make some moves. Learn basic dance moves from various styles of dance, you can even create and perform your own routine!

Duck Buster Campers
- As of Fall 2013, grades 6, 7, 8
- Camper to Staff ratio = 10:1
- Minimum class size = 8 campers

Education & Wellness
Web Design – Enhance your computer skills and learn how to create your own web page.

Explore Engineer – Ever had an idea to build something? Well this is the class for you! Bring your creative minds and we will design it!

Super Sleuths – Ever had the urge to be a detective? In this class you will get the chance to learn skills that help you solve mysteries including how to question a suspect, finding clues, and taking fingerprints.

Explore Science – Why just sit down and learn about science when you can get out and experiment? In this class get the chance to explore the world of science through interactive experiments.

Feeling Food – Ever wondered what goes into your food? In this class you will get the chance to really get to know what is in the meals you create and where it comes from.

Get Real Skills – Do you have what it takes to get hired? Build a resume, practice interviewing and develop leadership skills.

Sports & Games
Takin’ the Field – Charge forth onto the fields of physical activity. Learn the basics of Lacrosse, Ultimate Disc, Flag Football, Soccer and Field Hockey.

Disc Games – Learn and explore the world of Disc games by playing Ultimate Frisbee, Frisbee Golf and Frisbee Baseball.

Sand Volleyball – Get in the sand and practice your Volleyball skills, including setting, bumping and spiking.

USA Sports – Get active by playing games which originated in the USA: Softball, Football, Lacrosse, Volleyball, Disc Golf and Basketball.

Court Sports – Step onto the court to play Basketball, Volleyball, Badminton and Indoor Soccer.

Flag Football – Get out onto the field and learn the critical skills of football such as passing, catching and playing defense while learning strategy to work as a team.

Lacrosse – Learn the basics behind Lacrosse as you take the field and test your skills. Participants will learn how to shoot, cradle and pass the ball around using lacrosse sticks.
All extra fee classes are ONLY offered in two-week sessions.

<table>
<thead>
<tr>
<th>MORNING SESSION</th>
<th>AFTERNOON SESSION</th>
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<tbody>
<tr>
<td><strong>DATES</strong></td>
<td><strong>One Hour Class 8:30-9:30 AM</strong></td>
</tr>
<tr>
<td><strong>SESSION 1</strong></td>
<td>A. You Can Dance</td>
</tr>
<tr>
<td>1 or 2 weeks</td>
<td>B. Future Iron Chefs (+$50 fee-Ends at 1:00 PM)</td>
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<tr>
<td>6/17 - 6/28</td>
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<tr>
<td><strong>SESSION 2</strong></td>
<td>A. Feeling Food</td>
</tr>
<tr>
<td>1 week</td>
<td>B. Disc Games</td>
</tr>
<tr>
<td>7/1 - 7/5</td>
<td></td>
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<tr>
<td><strong>SESSION 3</strong></td>
<td>A. Urban Art</td>
</tr>
<tr>
<td>1 or 2 weeks</td>
<td>B. Chefs in Motion (+$50 fee-Ends at 1:00 PM)</td>
</tr>
<tr>
<td>7/8 - 7/19</td>
<td></td>
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<tr>
<td>1 or 2 weeks</td>
<td>B. Canvas Creations</td>
</tr>
<tr>
<td>7/22 - 8/2</td>
<td></td>
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<tr>
<td><strong>SESSION 5</strong></td>
<td>A. Swim Lessons</td>
</tr>
<tr>
<td>1 or 2 weeks</td>
<td>B. Lacrosse</td>
</tr>
<tr>
<td>8/5 - 8/16</td>
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</tr>
<tr>
<td><strong>SESSION 6</strong></td>
<td>A. Disc Games</td>
</tr>
<tr>
<td>1 or 2 weeks</td>
<td>B. Mystery Drama</td>
</tr>
<tr>
<td>8/19 - 8/30</td>
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</tbody>
</table>

**Olympic Sports** – Be a part of one of the world’s oldest sporting traditions. Participate in a variety of events such as Basketball, Track & Field, Soccer and other Olympic games.

**Challenge Games** – Work with other participants in activities that will teach you skills in team building and strategizing. Get the chance to go to the Oregon State challenge course.

**Practice Sport Skills** – Improve your sports skills through practicing the basics of Basketball, Baseball, Soccer, Lacrosse and Football.

**Games to the Extreme** – Do you like to push yourself to the limit? Step out onto the field and test your skills in Ultimate Frisbee, team Handball and other games that will push you to the extreme.

**Intro to GPS and Geocaching** – Learn how to use a Global Positioning System (GPS) unit, problem solve, and discover Corvallis’ many geocaches (last two days of class require a bike to ride provided by participants).

**Orienteering** – Activities include learning how to orient a map, identify important information and features on a map, use a compass, follow a bearing, and learn the distance of your pace.

**How to Register**
1. **Choose** full-day or half-day.
2. **Choose** your 1 hour class (for AM and/or PM)
3. **Choose** your 2 hour class (for AM and/or PM)
4. **Register** online at kidspirit.oregonstate.edu, in person, by mail, fax or phone.

**Two-Week Prices**
- Full-day = $362  •  Half-day = $206
- One-Week Prices
  - Full-day = $194  •  Half-day = $112

**Session 2 ONLY**
- Full-day = $168  •  Half-day = $92
  - Extra fees may apply

**Full-Day Savings!**
- $49 for 2 weeks or $30 for 1 week (savings already included in listed price)
FREQUENTLY ASKED QUESTIONS

The KidSpirit Program

KidSpirit Staff – Who are they? KidSpirit staff is made up of all students, mostly college and a few high school. The hiring process is very competitive and selective. Once hired, the staff is required to attend 20 hours of training and receives ongoing feedback and evaluation during their employment. They are all CPR/First Aid certified and have had criminal background checks. The KidSpirit staff are the best of the best!

What skills are taught at KidSpirit? Developmentally appropriate sport, art, science, and/or cooking skills are taught within our programs.

Do instructors use lesson plans for their classes? Yes. All instructors use a structured lesson plan template for each of the classes they teach. Lesson plans are required and approved by supervisors.

Are you a competitive program? KidSpirit is a non-competitive program with an emphasis on skill development and mastery. Every activity promotes fun, safety, camaraderie, teamwork, and being a good sport, on top of physical and social skill development. However, we do teach sports skills so campers can participate competitively in sports outside of KidSpirit.

Do you require insurance forms? We recommend that KidSpirit has a copy of participant’s insurance information.

What if my child takes medications? All participants requiring medication during a class must fill out an additional form and bring the medication in the original container to the KidSpirit office. All medications will be kept in the KidSpirit office and dispensed as prescribed by a doctor.

Are waiting lists available? Yes. If you add your child’s name to a wait list, you are not obligated to switch classes if the activity becomes available. You will be notified if your child has been moved off of a wait list.

Drop Off/Pick Up/Visitation

How do I change the authorized pick-up/visitor list for my child? An authorized parent or guardian must come into the KidSpirit office at 125 Langton Hall with a valid picture ID to fill out the necessary forms for their child. You can now also manage your pick-up/visitor list online!

How do I pick-up my child early? Notify the KidSpirit office by calling 737-KIDS(5437). A minimum notice of 20 minutes prior to the requested pick-up time is required so we can have your child in the office ready for you. All standard KidSpirit check-out procedures apply during early pick-up.

Parking Options

OSU parking services offer a special parking permit for KidSpirit families. The permit is $25 a term and allows the holder to park in any student or staff parking spot. Permit holders are also allowed to park in metered parking up to 15 minutes.
FREQUENTLY ASKED QUESTIONS

If parking in metered spots with the KidSpirit pass, the pass has to be visibly displayed. Your tire will be chalked and you will have 15 minutes ONLY. After 15 minutes have passed, the meter must be paid or you are subject to a ticket.

Permits may be obtained at the OSU Parking Services office in Adams Hall, located on the corner of 15th and Washington Way.

• Metered parking is in front of the Dixon Recreation Center on 26th St.
• OSU Bookstore Parking lot will be gone by Summer 2013.
• The parking garage, located across from Reser Stadium on 26th St., offers long-term metered parking (quarters, dollars and credit cards are acceptable forms of payment).
• OSU offers free parking behind the softball fields next to the Hilton, off of Western Blvd.

For questions about parking, call OSU Parking Services at 541-737-2583.

Registration and Classes

Can my child/children get into the same class as their friends? The only way to assure this is by coming in together to sign-up at the same time.

Can I switch my child/children’s classes after I have already registered and paid? Yes. There is a $25 administration fee incurred. If there is a medical reason the fee will be waived if a doctor’s note is provided.

What to Wear/Bring/Not Bring to Summer Camp

What should my child wear to camp? All campers MUST wear athletic, closed-toed shoes. Swim classes require a swimsuit. Gymnastics classes require clothing free of buttons and zippers, and long hair pulled back.

What should my child bring to camp? Bring a backpack, snacks, lunch (if attending full-day), a refillable water bottle, and sunscreen. If swimming, bring a swimsuit and towel.

What should my child NOT bring to camp? Games, toys, stuffed animals, action figures, trading cards or electronic devices are not allowed at camp. Radios, iPods, walkmans, money, and other valuables should be left at home. All cell phones must remain off during camp hours. Messages for your child can be left at the KidSpirit office at 541-737-KIDS(5437). KidSpirit will not be held liable for any damage or loss of personal belongings.

Friday Dress Up Days

What are Friday Dress-Up Days? Every Friday of KidSpirit Summer Day Camp we have a theme to dress up and have fun with. All staff members will be dressed to the theme, and we encourage campers to do the same. We ask that everyone dressed up can still actively participate in all their activities throughout the day.

Does my child have to dress up on Fridays? No, Friday Dress-Up Days are not mandatory. However, we encourage everyone to join in the fun!

<table>
<thead>
<tr>
<th>Date</th>
<th>Theme</th>
<th>Description</th>
</tr>
</thead>
<tbody>
<tr>
<td>6/21</td>
<td>Pajama</td>
<td>Wear your favorite pair of PJs</td>
</tr>
<tr>
<td>6/28</td>
<td>Hawaiian</td>
<td>Dress for a tropical getaway</td>
</tr>
<tr>
<td>7/5</td>
<td>Red, White &amp; Blue.</td>
<td>Celebrate the stars and stripes</td>
</tr>
<tr>
<td>7/12</td>
<td>Fictional Characters . . . . TV, comic, movie or book</td>
<td></td>
</tr>
<tr>
<td>7/19</td>
<td>Pirate . . . .</td>
<td>YARR! Be wearin’ ye pirate garb</td>
</tr>
<tr>
<td>7/26</td>
<td>Olympics Sports Wear . . . . . . . Past or present</td>
<td></td>
</tr>
<tr>
<td>8/2</td>
<td>Country Western . . . . .</td>
<td>Yee-Ha! Western wear</td>
</tr>
<tr>
<td>8/9</td>
<td>Crazy Hair/Wacky Wear .</td>
<td>Get crazy, wild and wacky</td>
</tr>
<tr>
<td>8/16</td>
<td>OSU Spirit . . . . Orange and Black – GO BEAVS!</td>
<td></td>
</tr>
<tr>
<td>8/23</td>
<td>Favorite Color . . .</td>
<td>Color the day with your favorite</td>
</tr>
<tr>
<td>8/30</td>
<td>Super Hero. . . .</td>
<td>It’s a bird…it’s a plane…no, it’s you!</td>
</tr>
</tbody>
</table>
Girls on the Run is a life-changing, experiential learning program meant to inspire self-respect and healthy lifestyles in pre-teen girls. The program combines physical training to complete a 5K (3.1 miles) event at the end of the season with uplifting, self-esteem boosting workouts.

Each Participant Receives:

• 21 Lessons, 90 minutes each
• Snack at every practice
• Water bottle
• Program T-Shirt
• An adult 5K buddy for the end-of-season 5K Celebration
• Race medal and shirt
• Pair of running shoes

Girls on Track Fall 2013 Season • $150
Registration is in the Summer

Girls on the Run and Girls on Track 2014 Season • $150

Program Support

5K Celebration Committee members meet monthly to plan our outstanding annual Girls on the Run 5K. Variety of positions available.

Race Volunteers make race day happen. Assist with a variety of tasks including keeping the course safety, crazy hair-dos, and much more!

Race Participants join in the fun by running or walking the 5K celebration is June 1st, 2013 and will be on the first Saturday in June for the 2014 Season.

SoleMates set a goal and participate in an event of any type while fund raising for Girls on the Run.

Training is provided and required for all volunteer positions.

For more information visit

GOTRwillamette.org

Thank you for your generous contributions

National Sponsors for Girls on the Run

Mentors Make a Difference

Head Coach and Assistant Coaches facilitate the experienced based curriculum during after school practices for 90 minutes, twice a week.

Practice Partners provide support to the coaches and to the girls by participating with the girls and assisting with the lessons.

5K Buddies support the girls as a 1 to 1 mentor, encouraging them to cross the finish line. A four hour commitment for the 2013 Season 5K celebration is on June 1st. The 2014 Season 5K celebration will be on the first Saturday in June.
TEAM SPONSORS

Thank you to our team sponsors whose generous support provides scholarships, shoes, T-shirts, snacks, and coaches supplies.

Adams Teams
Sponsored by

3rd grade Team

4th-5th grade Team

Ashbrook
Sponsored by

VALLEY EYE CARE

Focused on financial and investment planning.

Wilson
Sponsored by

BODY of HEALTH
Chiropractic and Wellness Center

Garfield Teams
Sponsored by

Catherine Fisher
541-979-9898
Sales and Property Management

Lincoln
Sponsored by

Alsea Geospatial, Inc.
www.alseageo.com

Philomath
Sponsored by

Upper Hand Orthopedics

Zion Lutheran
Sponsored by

RE/MAX
Anne Fahy

Waldorf
Sponsored by

RBC Wealth Management

Linus Pauling
Sponsored by

HERESCO CHIROPRACTIC DENTAL

Oak Grove
Sponsored by

Samaritan Health Services

Hoover
Sponsored by

The Inkwell Home Store

Jefferson
Sponsored by

GEFF
Tomlinson Foundation

Coburg
Sponsored by

PACIFIC HEADWEAR

Children’s Farm Home
Sponsored by

Staff Solemates

Santiam Christian
Sponsored by

Dr. Bugni & Dr. Laster
OurTownDental.com

Mt. View
Sponsored by

Lisa Marie Warren
541-207-2031
Kelly Candanoza
541-602-6676

Timber Ridge
Sponsored by

RE/MAX Anne Fahy

Philomath
Sponsored by

3rd-5th grade Team

Santiam Family Medicine, Inc.

Monroe
Sponsored by

GLUTEN FREE

Teams that need adopting!
- Chavez, Salem • 3rd-5th grade
- Chavez, Salem • 3rd-5th grade
- Central, Albany • 3rd-5th grade
- Hallman, Salem • 3rd-5th grade
- Heritage, Woodburn • 3rd-5th grade
- Morningside, Salem • 3rd-5th grade
- N.A.M.S., Albany • 6th-8th grade
- Oak Grove, Albany • 4th-5th grade
- Periwinkle, Albany • 3rd-5th grade
- Sunrise, Albany • 3rd-5th grade
- Zion, Corvallis • 6th-8th grade
The School District does not endorse or sponsor this organization or its activities. The District assumes no liability for its contents or events arising out of this distribution.

Girls on the Run

Girls on the Run

National Sponsors

Girls on the Run season finishes with a celebration event that includes a 5K run/walk and a 1K run for younger children. This event is the pinnacle of the season for the Girls on the Run participants. It is inspiring to see the expressions of the accomplishment on the faces of the girls as they cross the finish line.

Saturday, June 1, 2013
Reser Stadium/OSU Campus

Schedule

Run to Benny
FREE	9:00 AM
50 yard dash
Ages 3-4

Beaver Dash
$10	9:30 AM
1K
Ages 8 - 12

GOTR 5K
$15/student	10:00 AM
5K
$20/non-student

Register here: www.gotrwillamette.org/races-2

National Sponsors

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KIDSPIRIT FUNDRAISER

Join KidSpirit staff in eating at Papa’s Pizza on Thursday, August 1, 2013 and OSU KidSpirit will receive 50% of the value of food purchased. Make sure to stop by KidSpirit to pick-up a flyer to ensure your order counts.